



The Fire Service College
Moreton-in-Marsh England

The Fire Service College Sports Centre

London Road
Moreton in Marsh
Gloucestershire
GL56 0RH

Tuesday, 25 May 2021

To our valued customers,

COVID-19 (Coronavirus) Sports Centre Update

We are excited to communicate with all our members we will be reopening from 1st June our squash courts and restarting a selection of our group exercise classes. All activities will require customers to book through reception as sessions have limited numbers. Please see below our group exercise timetable and contact reception to book your place.

Email: leisure.enquiry@fireservicecollege.ac.uk

Telephone: 01608 812163

Facebook: Fire Service College Sports Centre.

We are aware that there will be a rush to book session as everyone is keen to get back to their routines and our team will be working hard to meet the demands, your patience is appreciated.

We are grateful to your support and understanding over the past few months and we are really looking forward to welcoming you back.

Kind regards

The Sports Centre Team.



The Fire Service College
Moreton-in-Marsh England



Group Exercise Timetable

Effective from Summer 2021

Monday	Tuesday	Wednesday	Thursday	Friday
0615 - 0700 Indoor Cycling	1810 - 1855 Indoor Cycling	0615 - 0700 Indoor Cycling	09.30-10.15am Indoor Cycling	6.15-7.00am Indoor Cycling
1200-1245 Circuits	1900- 1945 Aqua Tone	1200-1245 Indoor Cycling		
1815 - 1900 Indoor Cycling				

Membership	Session Cost	Group Exercise Pass 10x sessions
Package Members (Spark & Flame)	£4.00	£30.00
Club Members (previously pay-as-you-play)	£5.00	£40.00
Leisure Members	£6.00	£50.00

Class Descriptions	
Indoor Cycling	An upbeat cardiovascular workout with instructors motivating participants through a variety of routines.
Circuits	Multi station exercises designed to hit all areas of the body.
Aqua Tone	Low impact water workout that focuses on whole body conditioning.

All classes are adaptable to an individual's fitness level. Participants must be over the age of 16 years.

The Fire Service College Sports Centre
London Road,
Moreton in Marsh
Gloucestershire,
GL56 0RH
01608 812163